



# Haven Mother's House

A Special Connections  
Program



Putting lives back on track and  
keeping families together!



## Funding

Special  
Connections is a  
Medicaid benefit that  
is available to eligible  
pregnant women and  
provides funding for  
substance use disorder  
treatment up to 12  
months post partum.

## Residential Treatment for Pregnant Women and Mothers with Infants

The Haven Mother's House is a 16 bed Modified Therapeutic Community (MTC) located on the Ft. Logan Campus where ***pregnant women and women with infant children (9 months or younger at the time of admission)*** can recover from the disease of addiction and co-occurring mental health disorders in a safe and confidential environment. Licensed by the Office of Behavioral Health, the program utilizes therapeutic approaches to assist clients in learning healthy coping skills, acquiring life skills, and changing unhealthy behaviors in order to become self-sufficient, confident, and productive members of society. Bonding and attachment is facilitated between mother and child and parenting groups focus on building positive parenting skills.



To determine eligibility and talk with an admissions counselor call: 303-734-5000

### Program Description:

Clients receive services that not only focus on recovery from substances and maintenance of mental health, but **treatment that focuses on social functioning, education/vocational skills, and positive community and family ties**. Participants learn to be accountable to the Therapeutic Community through a hierarchical model of treatment stages that reflect increased levels of personal and social responsibility. The TC model is based on “**community as method**” or mutual self-help where all individuals within the community assume responsibility for not only their own recovery, but that of their peers, and hold each other responsible for making meaningful changes. Clients receive **evidenced based, gender responsive** programming that includes:

- Individual counseling
- Drug and alcohol testing
- Behavioral therapy
- Specialized parenting and interactive groups
- Coping skills and cognitive therapy groups
- Trauma informed groups
- GED classes
- Vocational services
- Life skills training
- Employment preparation and resume writing skills
- Psychiatric evaluation and mental health therapy including EMDR and DBT
- Exercise programs
- Recreational activities including participation in local community activities

- On-site and off campus 12 step support groups
- Relapse prevention skills

### Length of Stay:

Program length varies depending upon the severity of the client's needs; however, the average length of stay is 12 months. Residential treatment is followed by an additional 6-12 months of outpatient MTC treatment services.

### Children & Child Care Services:

**The Baby Haven Child Care Center** is located on campus and is a licensed and quality rated center that specializes in early education services and the care of drug exposed infants. The center also provides care to community families allowing children to engage in interactive services. The center cares for children 2 weeks of age through 5 years old. Children who are in residence at the Haven Mother's House attend the Baby Haven M-F from 8 am to 4 pm while mothers are participating in program activities.

### Pregnancy and Post-Partum Services

A master's level clinician assists pregnant women in obtaining prenatal care and benefits, developing birthing plans, attends labor and delivery with clients offering comfort measures, assists in parenting education, and supports women to prenatal and child doctor appointments. In addition the counselor provides instruction in development, provides educational groups related to a mother's health and wellness, and offers recovery support services.